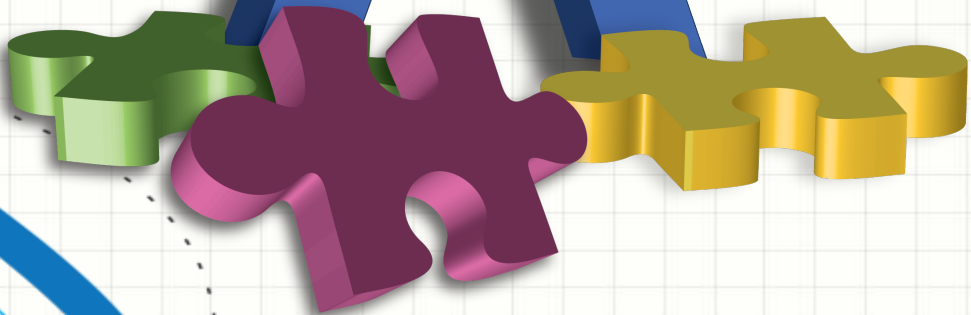


# AUTISM



# WHAT IS AUTISM

A mental condition, present from early childhood, characterized by difficulty in communicating and forming relationships with other people and in using language and abstract concepts.

**Autism** is a *neurodevelopmental disorder* characterized by impaired social interaction, verbal and non-verbal communication, and restricted and repetitive behavior. Parents usually notice signs in the first two years of their child's life.



# AUTISTIC SPECTRUM DISORDER

*Autism spectrum disorder (ASD) is the name for a group of developmental disorders (**from autism to Asperger's syndrome**). It includes a wide range, "a **spectrum**," of symptoms, skills, and levels of disability. People with ASD often have these characteristics: Ongoing social problems that include difficulty communicating and interacting with others.*



Autistic people “see, feel and hear” the world differently from other people. Autism is not an illness per se, or a “disease” that can be “cured”. What is required is an UNDERSTANDING of the processes of initiation and progression of the condition and how to support people affected.



# A LITTLE HISTORY

When I started work as a young doctor in the 1978, most estimates of the rate of autism were that it affected **1 in 10,000** children. Today, the official estimate of the autism rate is 1 in 110, with many localities reporting rates closer to 1 in 100 (or even 1 in 88). That's a 90-fold increase, or 9,000%.  
What's going on?



## A LITTLE HISTORY

A recent survey showed that over 60% of parents of children with autism blame vaccines.

Thousands of case reports appear very similar: a normally developing child receives multiple vaccines from their pediatrician, the child appears to change soon after the appointment (or have an immediate, more serious reaction to the vaccines), and later the child is diagnosed with autism.



## A LITTLE HISTORY

An important point is rarely discussed - ***the change in the total number of vaccines given to this generation of children.*** In the 1980s, by the age of six, a child would receive a maximum of 10 vaccines, with many receiving less. Today, the Centers for Disease Control's recommended schedule calls for 36 vaccines, a near-tripling of total vaccines given to children. Is this increase in vaccines the primary trigger of the increase in autism?  
Many parents believe so.



# THE VOICE OF SCIENCE/MONEY

*"Groups of experts, including the American Academy of Pediatrics, agree that MMR vaccine is not responsible for recent increases in the number of children with autism. In 2004, a report by the Institute of Medicine (IOM) concluded that there is no association between autism and MMR vaccine, or vaccines that contain thimerosal as a preservative."*      **Centers for Disease Control**

*"Scientific data overwhelmingly show that there is no connection between vaccines and autism...We need more research to investigate the actual causes of autism, but it would be a disservice to the health of our children if we let vaccines take the blame for this tragic and complex disease."*

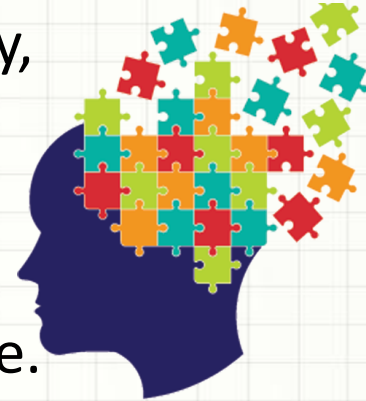
**- American Medical Association**





# WHAT IS ACTUALLY TRUE?

- Of 11 vaccines licensed for children, only the MMR has been studied for its relationship to autism. This is like trying to identify the source of a plane crash, suspecting mechanical failure, and analyzing one of the wings, and declaring the entire airplane free of culpability.
- A vaccine ingredient, thimerosal, containing mercury, has also been studied, but solely in the context of vaccinated children. Often, the studies on thimerosal compare children who received various levels of thimerosal in their vaccines, rather than none.



# WHAT IS ACTUALLY TRUE?

- No studies have ever considered unvaccinated children to compare their autism rates to those who receive vaccines.
- No studies consider the real world and how vaccines are actually given. American children receive 6-7 vaccines simultaneously at their 2, 4, and 6 month "well baby" visits, but no science done comes close to replicating this real world condition.



Below is a link to the list of the studies used to support the false assertion that vaccines do not cause autism. Please note that many of these studies are being made available on the Web for the first time.

<https://www.fourteenstudies.org/studies.html>



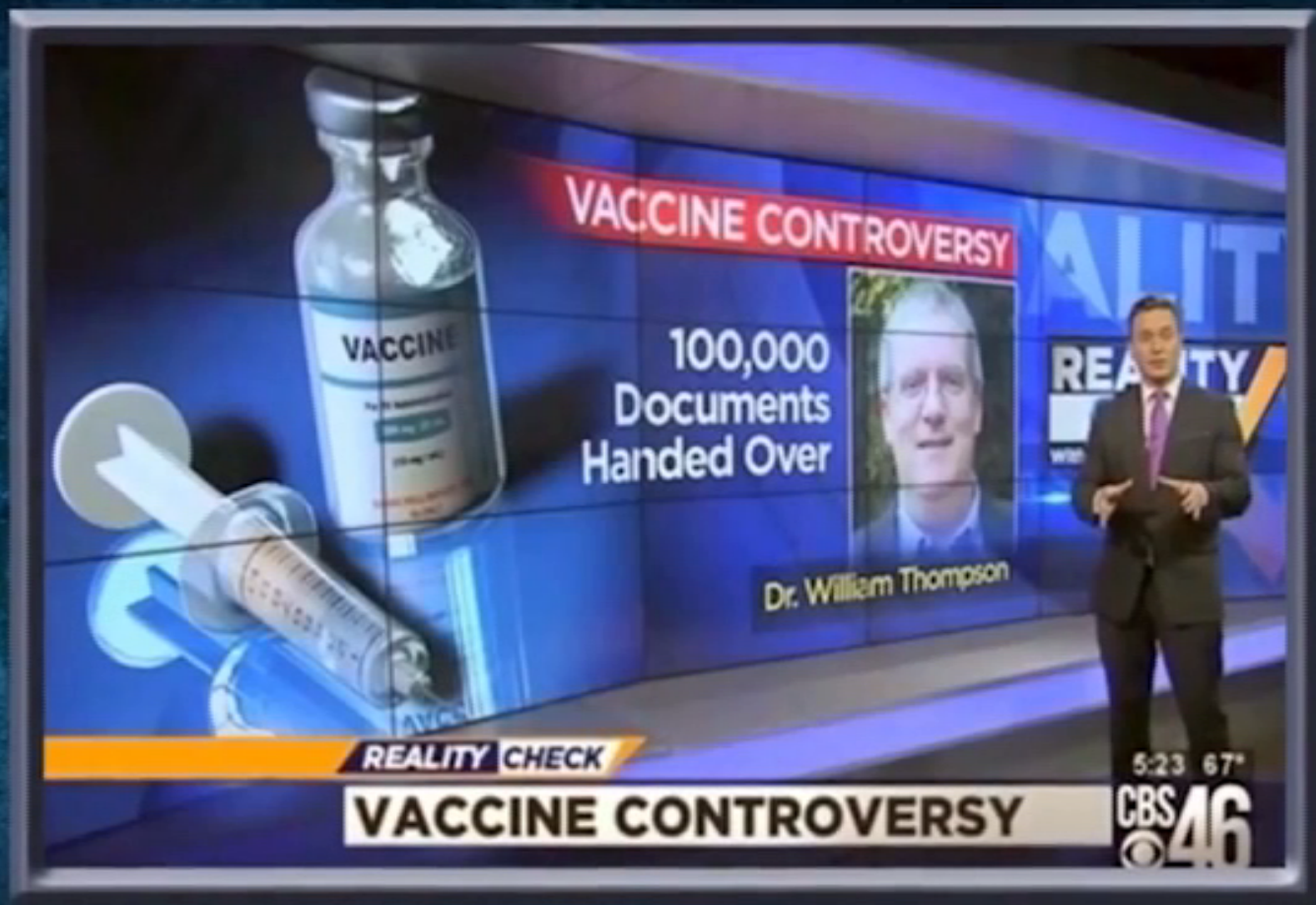


*The* **TRUTH** *About*  
**VACCINES**

AUTISM IS RAMPAGING AND RAVAGING OUR CHILDREN. THE PEOPLE WE SHOULD TURN TO FOR HELP, THE GOVERNMENTS AND THE DOCTORS AND SCIENTISTS ARE NOT HELPING OR ARE COMPROMISED.

[www.tacanow.org](http://www.tacanow.org)





**VACCINE CONTROVERSY**

100,000  
Documents  
Handed Over



Dr. William Thompson

**REALITY CHECK**

**VACCINE CONTROVERSY**

5:23 67°

**CBS 46**

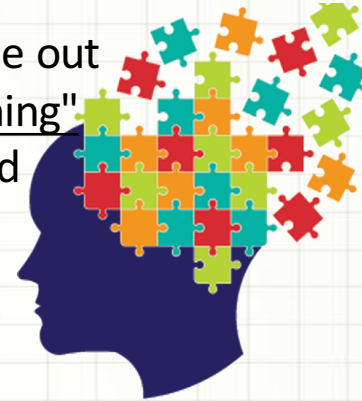
# WHAT TO DO

**STEP ONE: OBTAIN THE DIAGNOSIS THAT BEST DESCRIBES YOUR CHILD**

**STEP TWO: FIND A MAPS PHYSICIAN (MEDICAL ADVANCED PAIN SPECIALIST)**

So I found this thing called kefir in my research and decided what can't kill me might cure me, IT CURED ME!!! When I gave it to Layla with a lot of fruit to sweeten the deal.(most autistic kids crave sugar) she stated telling me how she felt. Did you know that a lot of autistic people have a burning sensation in their skin all the time? I didn't, because Layla couldn't tell me. She didn't have the conception in her mind to be able to tell me. She let me know after the kefir started working!

When this child came up to me with a smile on her face and hugged me out of the blue, I cried tears of joy! She said "Mama, my skin stopped burning" I almost felt a little guilty because you never want your baby to feel bad ever, but then we started to see other changes. We don't have to fight her to eat anymore; she started eating health food instead of craving the bad stuff.



## STEP THREE: WATCH WHAT THEY EAT AND DRINK!

### Beginner Biomedical Treatment for Autism Spectrum Disorder

#### Gluten-free, Casein-free (GFCF) Diet

Do not go onto this diet suddenly. Ease into it over a couple weeks. Otherwise, your child might really freak out and stop eating. It is also helpful to go either casein or gluten free first, then do the other one so you can see which area seems to help your child the most. Then consider if phenols are a problem.

#### Casein

This is a protein present in cow's milk products. Read labels carefully and get to know what every day foods are okay.

Casein is in cow and goat milk, butter, cheese, yogurt, whey protein, caseinates.

Alternatives include rice, potato or almond milk. See GFCF Ingredients and Substitutions.





## Gluten

This is a protein present in grains. Again, reading labels is crucial. Includes wheat, oats, barley, rye, semolina, spelt, triticale, kamut. See Unacceptable Ingredients listing.

Alternative grain sources include rice, tapioca, bean flours, lentil, corn.

Eat organic as much as possible to avoid pesticides and hormones.

Avoid fast foods, refined sugars, artificial sweeteners (aspartame) and colourings, MSG, preservatives.

Try to eat a diet lower in sugar.



**RE-BALANCE GUT FLORA**

**FIND COLOSTRUM**



# MY OWN STORY

