



Acceptance in Action

- Family ▪ Classroom
- Workplace ▪ Public Spaces

**PRACTICAL CAREGIVER STRATEGY FOR COMMUNICATION,
REGULATION AND DAILY ROUTINE**

By

Solape Azazi

BEHAVIOR ANALYST | AUTISM ADVOCATE
FOUNDER, CRADLE LOUNGE SPECIAL NEEDS INITIATIVE



**“Acceptance must first be lived at home
if we want autistic individuals to feel accepted
in the classrooms, workplaces, and public spaces.”**

Solape Azazi



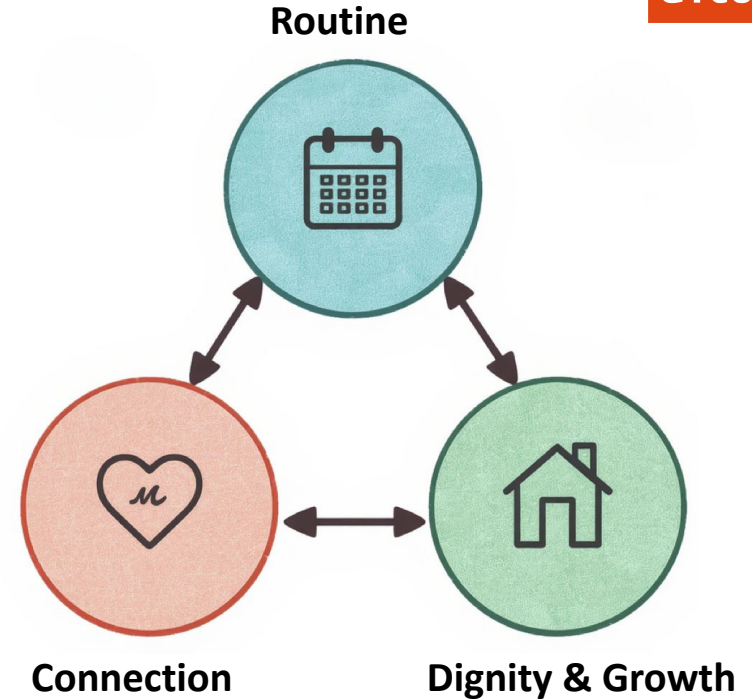
WHY HOME MATTERS

- Home is where children first learn that they belong.
- Home is where routines are built.
- Home shapes dignity and belonging.
- Home sets the tone for school and community.



THE 3 SHIFTS

- From correction to connection.
- From survival to supportive routine.
- From managing the child to designing the home around dignity and growth.





Correction to Connection

- Notice behaviour as communication.
- Pause before reacting.
- Use calm, clear response.
- Build sibling understanding.



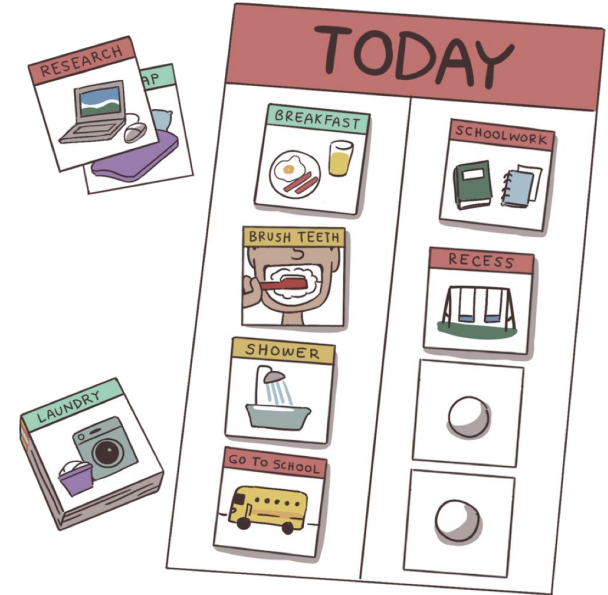
Image from the WHO-CST facilitator's guide





Survival to Supportive Routines

- Predictable routines reduce stress.
- Use visuals and warnings before transitioning.
- Mealtime, dressing, play and bedtime can teach skills.
- Provide communication support.
- Build routines that support regulation.





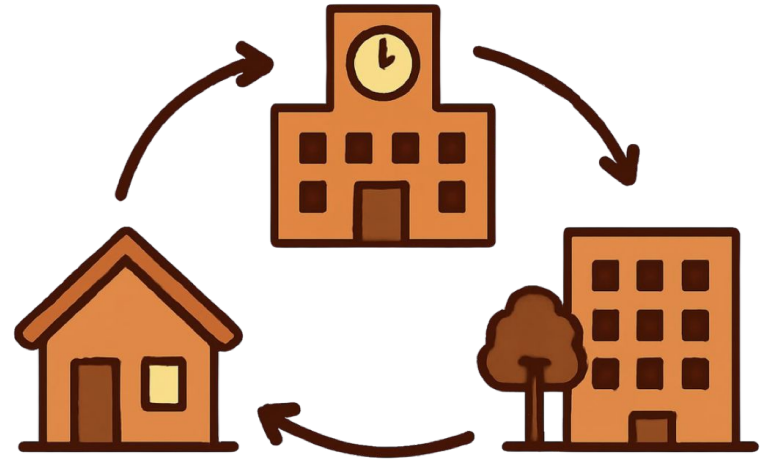
Designing the Home Around Dignity and Growth

- Support emotional regulation.
- Lower sensory load.
- Replace punishment with problem-solving.
- Make expectations clear and consistent.
- Support caregiver well being.



From Home to School and Community

- Home practices support school collaborations.
- Families can share what works.
- Acceptance travels through consistency.
- Inclusion grows across settings.



In conclusion

- **Acceptance is love in action.**
- **Children thrive when home feels safe, predictable and respectful.**
- **The home is where inclusion becomes a lived experience.**

Thank you



Solape Azazi

IBA, QASP-S, CAS, WHO- CST Master Trainer
Advocate. Author. Founder- Cradle Lounge



@solapeazazi



08105956074



www.cradlelounge.org



info@cradlelounge.org



